



The Derner  
Hempstead Child Clinic  
Community Based Mental Health Services

# MIDDLE SCHOOL GROUP THERAPY

## Coping with COVID-19



The changes that have occurred since the pandemic have been difficult for all of us to cope with, especially our children...

Weekly group therapy sessions will

- Provide a safe space to share their feelings of anxiety and sadness associated with COVID-19
- Provide support with frustrations associated with adhering to safety guidelines/social distancing

**Tuesday evening's 6pm via Telehealth**

Join Zoom Meeting : <https://adelphiuniversity.zoom.us/j/96764987774>  
contact us: [dernerclinic@hempsteadschools.org](mailto:dernerclinic@hempsteadschools.org)